



Practical Learning.

Stronger Professionals.

Better Workplaces.

HANNAH JENARINE CONSULTING

Training & Speaking Catalog

Customized Learning Solutions for Stronger Employees and Teams

Practical learning experiences designed around the people, goals, and performance needs of your organization.

WORKPLACE TRAINING

Interactive workshops that strengthen communication, professionalism, emotional intelligence, and workplace readiness.

INSTRUCTIONAL DESIGN

Custom courses, eLearning, guides, job aids, and learning resources designed for consistent application.

SPEAKING & KEYNOTES

Engaging presentations for conferences, associations, summits, and professional development events.



HANNAH JENARINE

Workplace Trainer
Instructional Designer
Key Note Speaker

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WHO IS HANNAH JENARINE

About Your Trainer

Hannah Jenarine is an Employee Trainer, Instructional Designer, and Workplace Growth Strategist who helps professionals strengthen their communication, confidence, and professional presence in the workplace.

Her work focuses on creating practical, engaging learning experiences that help participants navigate real workplace challenges, including professional communication, business etiquette, feedback, emotional intelligence, collaboration, accountability, and career growth.

Through strategically designed workshops grounded in instructional design principles and adult learning theory, Hannah equips professionals with tools they can immediately apply in their roles. Her sessions are interactive, discussion-based, and focused on helping participants leave with practical language, clear takeaways, and greater confidence.

As a graduate student in the Master of Arts in Instructional Design program at the University of Central Florida, Hannah applies evidence-based learning strategies to create training experiences that are relevant, engaging, and connected to real workplace performance.

Her approach is *practical, direct, and energizing*—helping professionals communicate effectively, strengthen their credibility, and perform with greater confidence.



HANNAH JENARINE'S SERVICES/PROGRAMS

01 Workplace Training Interactive workshops built around real workplace challenges and desired behavior change. ● Customized to your audience ● Virtual or in person ● Practical scenarios and takeaways	02 Instructional Design Custom learning resources that support consistent delivery, application, and performance. ● eLearning and LMS-ready content ● Guides, job aids, and curricula ● Assessments and evaluation	03 Speaking & Keynotes Engaging presentations that connect workplace insight to audience action. ● Keynotes and breakouts ● Conference and association sessions ● Professional development events
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SIGNATURE TRAINING SUITE

Three Core Workplace Skills That Shape Employee Success

Each workshop can stand alone or be delivered as a coordinated workplace readiness series.

Workshops are designed for 60-120 minutes and can be delivered virtually or in person.
Content, examples, and scenarios are customized around the organization and audience.

COMMUNICATION	PROFESSIONALISM	EMOTIONAL INTELLIGENCE
Communicating with Clarity Employees learn how to ask productive questions, confirm expectations, communicate progress, and speak up before small issues become larger problems. • Clarify assignments, priorities, deadlines, and standards of success • Provide proactive updates and ask for support professionally • Adapt communication to different leaders and situations	Elevating Professional Presence Participants explore the written and unwritten expectations that influence credibility, including preparation, meetings, digital communication, ownership, and follow-through. • Recognize workplace norms and situational expectations • Read the room and match the moment • Strengthen trust through preparation and reliability	Respond, Don't React Participants recognize triggers, receive feedback with maturity, manage pressure, and respond intentionally instead of reacting impulsively. • Recognize emotional triggers and reaction patterns • Separate feedback about performance from identity • Respond professionally during conflict and uncomfortable conversations

THE OUTCOME

Clearer communication. Stronger professional presence. Better self-management under pressure.



ADDITIONAL TRAINING OPTIONS

Expand the Learning Around Your Organization's Needs

Choose a stand-alone workshop, build a customized series, or request a training designed specifically around the workplace challenges affecting your team—from leadership and onboarding to service, productivity, resilience, and beyond.

01 MANAGER DEVELOPMENT**Setting Clear Expectations**

Equip managers to understand how to communicate with clarity, set expectations clearly, strengthen engagement, and achieve better results.

BEST FOR: *Managers, supervisors, HR, and people leaders*

02 WORKPLACE COMMUNICATION**Navigating Difficult Conversations**

Build confidence in addressing conflict, setting healthy boundaries, and managing high-stakes conversations with clarity, empathy, and professionalism.

BEST FOR: *Employees, managers, and cross-functional teams*

03 ONBOARDING**Onboarding & Workplace Readiness**

Clarify workplace expectations, communication standards, company culture, feedback practices, and the professional habits new hires need to succeed.

BEST FOR: *New-hire cohorts, interns, apprentices, and early-career talent*

04 CUSTOMER EXPERIENCE**Excellence in Customer Service**

Strengthen active listening, empathy, problem-solving, and professionalism so employees can handle customer needs and difficult interactions effectively.

BEST FOR: *Customer-facing teams, service departments, and public-facing staff*

05 PRODUCTIVITY**Mastering Time Management**

Help employees prioritize work, use practical planning tools, maintain focus, and manage responsibilities without sacrificing quality or well-being.

BEST FOR: *Early-career professionals and fast-paced teams*

06 ADAPTABILITY**Building Resilience in the Workplace**

Develop stress-management habits, adaptability, and a growth mindset for navigating setbacks, change, feedback, and demanding work environments.

BEST FOR: *Teams experiencing change, pressure, or rapid growth*



SPEAKING & KEYNOTES

Presentations That Move Audiences From Insight to Action

Audience-centered keynotes, conference sessions, breakouts, and professional development experiences designed to create insight, reflection, and action.

TOPIC 01 RETENTION & LEADERSHIP

Why Gen Z Employees Are Quitting - And How to Make Them Stay

A practical look at the systems, communication, trust, development, and leadership experiences that shape Gen Z engagement and retention.

IDEAL FOR: Leadership conferences, HR events, manager summits, and organizational retreats

TOPIC 02 WORKFORCE READINESS

From Placement to Performance

Helps colleges, CTE programs, workforce leaders, and employer partners close the communication, professionalism, and emotional intelligence gaps that appear after placement.

IDEAL FOR: Higher education, CTE, workforce development, and employer partnerships

TOPIC 03 EMERGING TALENT

The 7 Keys to Becoming a High-Value Young Professional

A growth-centered session on self-respect, self-awareness, self-belief, commitment, silencing the noise, support systems, and service to others.

IDEAL FOR: Interns, early-career professionals, students, and emerging leaders

TOPIC 04 HIGH-PRESSURE TEAMS

Emotional Intelligence & Communication Under Pressure

Practical strategies for maintaining clarity, self-control, accountability, and strong working relationships during feedback, conflict, and high-stress moments.

IDEAL FOR: Healthcare, government, public safety, operations, and people leaders

Each presentation is customized to the audience, event goals, and desired level of interaction.



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Flexible by Design. Focused on Application.

Select the format that best supports your audience, timeline, and desired outcome.

01 60-Minute Focused Workshop A concise, high-impact session for one priority topic, practical tools, and immediate application.	02 90-Minute Interactive Workshop Additional discussion, practice, scenarios, and participant reflection for deeper engagement.
03 120-Minute Deep-Dive Experience A complete learning experience with case studies, facilitated discussion, and stronger reinforcement.	04 Multi-Session Series A coordinated series that develops skills over time and allows managers or participants to reinforce learning between sessions.
05 Keynotes & Conference Sessions Engaging presentations for conferences, associations, summits, organizational events, and professional development programs.	06 eLearning & LMS Solutions Self-paced modules, onboarding content, guides, job aids, assessments, and resources built for digital delivery.

ENGAGEMENTS MAY INCLUDE

LIVE DELIVERY	CUSTOMIZATION	RESOURCES	EVALUATION
Virtual, In person, or Hybrid	Audience-specific examples and scenarios	Guides, video recaps, job aids, or workbooks	Surveys, summaries, and recommendations

Rates are customized based on the audience, session length, delivery format, level of customization, project deliverables, and travel requirements.

THE CLIENT EXPERIENCE



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A Strategic Process From Discovery to Results

Every engagement begins by understanding the need before recommending the solution.

01

Discover & Analyze

Clarify the audience, workplace challenge, organizational impact, and desired behavior change.

02

Assess & Prepare

Gather baseline information through stakeholder input and a short pre-training survey. Optional internal promotion assets can build awareness before the session.

03

Design & Customize

Build the slide deck, scenarios, activities, prompts, participant resources, and success measures around the audience.

04

Deliver & Engage

Facilitate an interactive virtual or in-person experience with discussion, practice, reflection, a takeaway resource, and real-world application.

05

Evaluate & Reinforce

Measure learning through post-training feedback, summarize key themes, and recommend practical reinforcement after the session.

INCLUDED IN EVERY CORE TRAINING EXPERIENCE

Stakeholder discovery & learner analysis	Customized slide deck & live delivery	Participant guide or takeaway resource
Pre- and post-training surveys	Brief training summary	Recommendations for continued reinforcement

EXPERIENCE & TESTIMONIALS



Practical Learning.

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Better Workplaces.

Professional, Prepared, and Focused on the Learner

A background spanning workplace learning, instructional design, government, healthcare, education, nonprofit, and workforce development settings.

10+

YEARS OF PUBLIC SPEAKING

200+

PRESENTATIONS, TRAININGS & OUTREACH EVENTS

UCF

GRADUATE STUDY IN INSTRUCTIONAL DESIGN

“

Hannah created a personalized professionalism seminar that was spectacular. She used participant pre-survey data to make the session relevant, then provided findings, next steps, and key takeaways that strengthened our continued onboarding support.

Courtney Cuppernull

Financial Advisor & College Unit Director

“

From start to finish, Hannah brought incredible energy, enthusiasm, and expertise. Her engaging delivery made complex topics approachable and actionable. She was professional, prepared, and passionate about helping others grow.

Shanel Boyd

HR Manager, Training & Professional Development

“

Hannah brings a deep understanding of the values and perspectives of younger professionals. Her insights inspire action and motivate leaders to create environments where Gen Z can thrive.

Mika Cross

CEO, Strategy@Work

WHAT OTHER CLIENTS HAVE SAID

[Click to Read More of Hannah's Recommendations](#)

READY TO STRENGTHEN YOUR WORKFORCE?



Let's Create a Learning Experience That Fits Your Organization

Whether you need a customized workshop, a conference presentation, or a learning resource built for your team, the next step is a conversation.

Workplace Training

Practical workshops designed around real workplace challenges.

Instructional Design

Custom courses, job aids, and learning resources that support performance.

Speaking & Keynotes

Audience-centered presentations that move insight into action.

Schedule a Discovery Call

Let's discuss your audience, goals, workplace challenges, and the learning experience that would best support your organization.

Email Hannah

Have a question, need additional information, or want to discuss a customized training, speaking, or instructional design project? Reach out directly by email.

